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Reimagining Punishment: Community Service in India's Evolving Sentencing and Human Rights Paradigm

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Reimagining Punishment: Community Service in India's Evolving Sentencing and Human Rights Paradigm

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Abstract

The increasing burden on the criminal justice system, overcrowding of prisons, and the need for reformative approaches to punishment have led to renewed interest in alternative sentencing mechanisms in India. This dissertation, titled "Community Service as an Alternative Punishment in India: A Comparative Study of Criminal Justice and Human Rights Standards", examines the viability and effectiveness of community service as a non-custodial sanction within the Indian legal framework.

*The study explores the conceptual foundations of community service as a form of restorative justice, emphasizing rehabilitation, social reintegration, and reduction of recidivism. While Indian criminal law—particularly under the Indian Penal Code, 1860 and the Code of Criminal Procedure, 1973—does not explicitly recognize community service as a formal punishment, judicial innovations in cases such as *State of Punjab v. Prem Sagar and M.C. Mehta v. Union of India* demonstrate a growing inclination towards reform-oriented sentencing.*

In adopting an approach that involves doctrinal and comparative methodology, the researcher considers statutory provisions, case laws and international human rights instruments such as the International Covenant on Civil and Political Rights, and the United Nations Standard Minimum Rules for Non-custodial Measures (Tokyo Rules). The paper will compare how the practice of community service is adopted in India and other countries such as the United Kingdom and the United States of America, which recognize community service as a legitimate means of sentencing offenders.

Some of the problems identified as hindering the adoption of community service in India include lack of a well-established legal framework for dealing with offenders through community service, lack of proper administration of community service, inconsistencies in judicial rulings regarding cases involving community service, and concerns on how to enforce and monitor community service programs. On the other hand, the paper will explore the potential of community service in upholding human rights by minimizing custodial violence, upholding dignity and ensuring proportionate punishments.

Consequently, it will be argued that the adoption of community service in the Indian penal system will greatly enhance the development of a humane and efficient judicial system.

Keywords: *Community Service, Alternative Punishment, Restorative Justice, Non-Custodial Sentences, Human Rights, Criminal Justice System, India*

Evolution of sentencing and reformatory justice in india.

Introduction

Sentencing is the process by which courts decide what will happen to someone who has either confessed to a crime or been found guilty. In short, it means going from being "the accused" to being "the offender." This phase signifies the transition from mere accusation to official acknowledgment of the individual's commission of the crime. It is important to remember that neither statutory provisions nor case law give a formal definition of the word "sentence."¹

It is clear that the court's sentence for a criminal includes both punishment and other orders. The punishment part usually includes things like fines or jail time, which are meant to punish the person for their crime. In addition to these punishments, there are also other orders that can be given after a conviction. These orders are not just meant to punish the offender; they are also meant to fix the damage that was done.

The objectives of sentencing encompass several critical aspects: deterring and punishing offenders, reducing crime rates, facilitating the reform and rehabilitation of those convicted, safeguarding public safety, and ensuring that offenders make amends to the victims of their crimes. There is a perspective that sentencing is more an art than a precise science, suggesting that it is a skill honed through practical experience rather than through adherence to a rigid set of principles.

The Ministry of Home Affairs established the Committee on Reforms of Criminal Justice System (hereinafter "Malimath Committee") for proposing required reforms in the administration of criminal justice in India.² The report exerted importance towards introducing structured sentencing guideline for India. It expressed concerns underlining that even though the Indian Penal Code provides for the maximum and minimum punishment in certain offences, the lack of sentencing guideline has led to a conspicuous ambiguity in Indian judiciary. Thus, there is wide discretionary power available with the judges.

Even though, this discretion is within the statutory limits, the judges do not have any guideline regarding the most appropriate sentence in relation to a particular offence. This uncertainty has led to lack of uniformity in approach among the judges considering that some judges are lenient and others are harsh. This varied exercise of the wide discretionary power can also cause conflicts among the judgements of different sub-ordinate Courts and High courts of the country. Countries like UK and USA have already brought in structured sentencing guidelines to establish uniformity in their respective judiciary. Moreover, the factors of sentencing need to be put through thorough scrutiny to achieve the objective of a structured sentencing policy.

Historical Context of Sentencing in India

The historical development of sentencing in India is a reflection of the country's colonial past, its many cultures, and the growth of its legal structure. Before British colonization traditional Indian societies had their own justice and punishment systems which were based in local custom, religious text, and custom made laws. But with the arrival of the British in the 18th and 19th centuries a more central and uniform legal structure began to take place which in turn shaped present day sentencing practices. The base of India's current sentencing regime is the Indian Penal Code of 1860 which was put together under the supervision of Lord Macaulay. The Code put forth a wide range of criminal offenses and their penalties which in turn provided the framework for the delivery of justice in the British Indian territories.

¹ Martin Wasik, *Emmins on Sentencing*, Oxford University Press, New York, (2007), p. 2.

² Government of India, Ministry of Home Affairs, Committee on Reforms of Criminal Justice System Report 170 (Mar. 2003)

During the colonial time frame which which the IPC's sentencing provisions were put in place we saw the reflection of the colonial attitude which at the time was very much in favor of deterrence and retribution in lieu of rehabilitation. Also it is important to note that within the colonial period sentencing was very much a matter of discretion for the colonial administrators which they used to great effect or abuse really to mete out punishment as they saw fit which often resulted in very different sentences for the same crime. Also which is telling is that the penalties doled out were very harsh and draconian in nature, especially for what the British deemed to be threatening to their rule. We also see the use of very severe penalties which included corporeal and capital punishment which was used as a tool to assert colonial power and to maintain social order.

Since independence in 1947 India set out to transform and modernize its legal structure which included its sentencing practices. The post colonial Indian state worked to do away with the colonial legal frameworks and put in place indigenous legal systems which put forward Indian values and aspirations. The adoption of the Indian Constitution in 1950 was a large step in this which also put in place the base for a democratic and right based legal order.

In the aftermath of independence India's Constitution which includes into its fabric principles of equality, justice, and fundamental rights played a great role in the development of sentencing policy. The judiciary took up the role of primary justice administrators which included that of interpreting and putting into practice the law in a way which is in consonance with the Constitution's values. In this regard the Supreme Court of India did very importantly in shaping sentencing law through its landmark judgments and pronouncements.

India's sentencing laws have changed over the years in response to what the society at large is accepting, what is coming out of the courts, and how judges are interpreting the law. In a landmark set of rulings, the Supreme Court put forward the ideas of proportionality, individualization, and human dignity as very important in the process of sentencing. Proportionality in this context means that the punishment doled out should fit the crime, which in turn means that which is too severe for some crimes and which is too light for others is to be avoided.

While through our study of other jurisdictions we see that which developed countries like the U.S., the U.K. and Canada have put in place extensive sentencing guidelines which in turn promote consistency and transparency. On the other hand, in the U.S. Federal Sentencing Guidelines there exists a structured scheme which provides for all the needs of judges as well as promotes equality in sentencing. Furthermore, such an approach can also lead to establishing the argument for gaining more trust among people in relation to this process.

Moreover, it becomes evident that every offender is an individual who should receive particular treatment depending on his past, as well as on what he will present in the future. Additionally, it is necessary to mention the concept of individualization which means that the actions taken for treatment should depend on the particular situation leading to such an action. On top of that, our system should tailor its measures according to the past of the offender and what he will potentially be able to achieve which also depends on the individual.

In the Supreme Court rulings like *Bachan Singh v. State of Punjab* and *Machhi Singh v. State of Punjab*, the necessity to take into consideration mitigating and aggravating circumstances has been emphasized.

Theoretical Frameworks Influencing Sentencing

In the criminal justice system of India, the sentencing theory includes various approaches aimed at achieving an equilibrium among punishment, deterrence, rehabilitation, and society protection. The various sentencing theories provide the philosophical foundation of judicial rulings and laws. They ensure that sentencing procedures comply with certain social and legal values.

The following are the various sentencing theories:

a) The Doctrine of Retribution

The doctrine of Retribution claims that the punishment must match the gravity of the offense, and there must be a sense of morality and retribution. Retributive justice played an important role in Indian sentencing especially when the crime is heinous and there is a need for societal justice. In the case of *Smt. Pratibha Singh v. The State of Uttar Pradesh*, the Supreme Court of India emphasized the retributive aspect of punishment. The Supreme Court stated that "punishment must be equal to crime" that matches with *lex talionis* principle.

b) The Theory of Deterrence

This theory aims at deterring any future crime through fear of punishment. Wherever there is any crime in economic, corruption, and violent nature, deterrence is used in Indian courts to show the intention that no one shall commit such crime in future. The Supreme Court of India while considering the case of *State of Madhya Pradesh v. Bala @ Balaram* 14 has discussed about the deterrence aspect of punishment.

c) Rehabilitation Theory

Rehabilitation focuses on reforming the offender so that they can reintegrate into society as a law-abiding citizen. This theory is increasingly gaining prominence in Indian sentencing practices, particularly with the growing recognition of human rights and the need for humane treatment of offenders. The Supreme Court's decision in *Mohammed Giasuddin v. State of Andhra Pradesh*³ exemplifies the rehabilitative approach, where the Court stressed the importance of considering the potential for an offender's reformation and rehabilitation while determining the sentence.

d) Restorative Justice

Restorative justice emphasizes repairing the harm caused by criminal behavior through processes that involve the victim, offender, and community. While not as widely implemented in India as in some Western jurisdictions, restorative practices are gradually being integrated into the Indian legal system, particularly in juvenile justice and community-based resolutions. In *Bimal Gurung v. Union of India*⁴, the Supreme Court acknowledged the importance of restorative justice principles, advocating for solutions that focus on healing and reconciliation rather than mere punishment

³ 1977 AIR 1926.

⁴ Ministry of Home Affairs, (2003). Committee on Reforms of Criminal Justice System. New Delhi: Government of India.

Different Forms of Punishment

The penalties under the earlier systems of criminal justice were extremely strict, barbarous, severe, and extremely torture-based. In the beginning of the Eighteenth Century, there was an emergence of the concept of humanity that started gaining popularity due to which the penalties started becoming lenient and were maintained to be minimal in various penological systems. The most commonly used modes of punishment were whipping, chaining, incarceration, fines, and confiscation of properties.

- **Mutilation**

Mutilation constitutes a type of corporal punishment that was widespread during the ancient periods. This type of punishment is said to have been in existence even in the prehistoric era in India. The same was practiced in other nations like Britain whereby limbs of those who committed robberies were cut off, while those who committed sexual offenses had their genitals mutilated. Mutilation was a good way of making sure that people do not commit offenses because of the fear created in them. This form of punishment has never been practiced in recent times due to the inhumanity involved in it.

- **Amercement**

The amerced penalty was a kind of financial punishment which was seen to exist in the penal system of England during the medieval times. This penalty could be imposed either through the court system or by the lords themselves. The punishment is almost the same as that of fines except the fact that the former is variable while the latter was fixed in accordance with the statutes.

- **Fine**

The use of fines as a form of punishment was practiced by law enforcers in cases where the crime committed was not a serious one such as breach of traffic rules and regulations. The use of fines is the most common mode of punishment in all the world's systems. Fines may be awarded to the victims for losses suffered and even for legal costs incurred. Indian Penal Code of 1860 provides that there is an option of imposing fines and/or imprisonment. This is because it is left at the discretion of the court to impose the amount of fine depending on the gravity of the offence.

- **Forfeiture of Property**

One such provision is the confiscation of property found in the Indian Penal Code under Section 53. There are two offenses which have been described in Section 126 and 169 respectively, whereby the confiscation of property may occur.

Section 126 refers to instances of aggression towards territories with which India maintains peaceful relations. The punishment in this case may take the form of imprisonment for a period not exceeding seven years and may be accompanied by a fine. In addition to this, all assets used or derived from committing these acts shall be confiscated in accordance with the terms stipulated in Section 169.

On the other hand, Section 169 pertains to cases where public servants contravene the law through the purchase or auction of certain properties. Punishment for this offense includes imprisonment for a period up to two years, a fine or even both. Properties which have been bought using illegal means shall be subject to confiscation in these instances.

- **Solitary Confinement**

The solitary confinement punishment involves isolating the prisoners from any form of human contact, apart from the prison wardens. This isolation involves keeping the prisoners in small cells with limited windows and no human contact at all. The effects of such harsh treatment are devastating, with serious cases of mental instability and deaths before their release. The solitary confinement method was the most common way of punishing the hardened criminals by confining them in prison cells without any work. Such forms of punishment have existed

historically as a way of penance to ensure that criminals do not come into contact with society and commit another crime.

In India, the solitary confinement punishment has been highlighted in sections 73 and 74 of the Indian Penal Code of 1860. The judicial authority may impose solitary confinement on a prisoner for an extended period during his imprisonment in accordance with section 73 of the law. Two months when the agreement's term does not exceed one year. If it exceeds one year, then it should not exceed three months. Solo isolation is limited to seven days per month under Section 74 of the act if the term exceeds three months. Minimum gaps should be left between the times when the inmate is subjected to such isolation. There can be no exemption from being in solitary confinement during the entire period of incarceration except when it is less than 14 days.

- **Imprisonment for Life**

Life imprisonment is defined in Section 53 of the IPC, amended by Act 26 of 1955, from January 1, 1956. In case of *Naib Singh v. State*,¹² the Supreme Court held that life imprisonment was a form of punishment entailing rigorous confinement. Under Section 418 of the Code of Criminal Procedure of 1973, the criminal court has the power to issue a warrant to implement the life sentence imposed upon the offender in the jail. Moreover, as per Section 55 of the IPC and Section 433 of the CrPC, 1973, the executive is authorized to commute the sentence. In such cases, the life offender will get released from prison after serving a maximum period of 14 years in prison including the time of remission in prison period. However, in practical terms, it has been observed that life offenders are confined in prisons beyond 14 years, and justifying their actions, they say that life sentence does not fall within the definition of Indian Penal Code and Code of Criminal Procedure. It means that the life term is not of any specific period of 14 years but is till the end of life of the convicted person.

- **Capital Punishment**

Of all types of penalties, it is and will continue to be the death penalty that is one of the most contentious and debatable subjects in modern penology. Both arguments for and against the effectiveness of the death penalty can be made. Through several decisions of courts on this complex issue, the debate has become increasingly clear.

The Indian Penal Code prescribes Capital punishment for:

1. Waging war against the state (Section 121)
2. Abetting mutiny (Section 132) False evidence resulting in wrong capital punishment (Section 194)
3. Murder (Section 302) Abetment of the suicide by a minor or by insanity (Section 305)
4. Life convict causing attempted murder resulting in injury (Section 307). However, courts can also give life imprisonment as an alternative sentence. So, the death sentence is not mandatory for any of these crimes.

- **Detention**

Detention can be described as confinement of a person as a penalty for committing a crime, or as part of an investigation, in specific cases. Detention can mean incarceration in general, but it usually refers to confinement without any charges laid against the individual involved. Persons confined under investigation may also be referred to as detention.

- **Judicial Sentencing**

Judicial sentencing, which involves administering punishment, plays an important role in the penitentiary system and is always administered against anyone found guilty of commission of a certain crime. Judicial sentencing is a process aimed at striking a balance between justice, deterrence, rehabilitation, and social protection. The main focus of this paper is to explain judicial sentencing, its purpose, types of sentences, factors that affect judicial sentencing, and issues surrounding judicial sentencing.

Judicial sentencing of the crime occurs immediately after a criminal is convicted. The judge takes time to analyze all the circumstances related to the offense using the PSIR report, which contains several factors such as prior criminal activity, family history, health conditions, and employment information before imposing a sentence. After thorough analysis of the individual in question, a proper sentence is passed that is consistent with the law, but also taking into consideration some personal factors. Except for mandatory sentencing and capital punishment, judges have the prerogative to make discretionary decisions in criminal cases, with some exceptions in certain jurisdictions owing to jury involvement.

Factors Relevant for Sentencing

The sentencing process is very complex and involves a number of considerations in order to produce a just and proper sentence. Such considerations include:

1. The seriousness of the offense: This is used as a guide when determining the appropriate level of punishment to impose upon the perpetrator of an offense.
2. Aggravating/mitigating circumstances: Once the seriousness of the offense has been considered by the court, the judge considers other factors regarding the offender that may warrant imposition of lesser sentences.
3. The application of discretion: In such circumstances the judge uses his discretion to weigh both aggravating and mitigating circumstances to determine a just sentence.
4. Proportionality principle: The principle of proportionality ensures that the sentence is proportionate to the nature of the offense committed.

Sentencing aims at providing a just and balanced judgment of the offense and circumstances surrounding the offender.

Guiding Principles for Sentencing

An analysis of the criminal laws of our nation reveals that judges have considerable latitude in the determination of the sentencing of most criminal acts. As a result, punishments imposed by various judges for identical criminal acts could vary widely, causing unjust outcomes. The variation results from the fact that criminal offenses are generally defined in broad strokes, while the maximum penalty alone is specified. In such circumstances, the judge must exercise his discretion in determining the proper amount of punishment based on the severity of the offense.

Judges frequently encounter difficulty in adhering to the norms regulating discretion. The Indian Penal Code of 1860 and other statutory laws do not clearly spell out the legal principles that are meant to reduce these differences. Instead, judges have to come up with their own rules. Because there isn't a set way for judges to meet regularly, these differences in how sentences are handed down aren't talked about or worked out. As a result, it is important to set some basic rules to better control how judges decide on sentences.

The changing goals of punishment have made it even harder to figure out what the right punishments are. Our criminal law was originally made during the neo-classical era with the goal of deterrence in mind. Now, it has moved toward a more reformatory approach. The focus has changed from the crime itself to the person who did it. Sir John Buckmill wisely said, "It is now known that the hardest and most important job for judges who deal with crimes is to decide what punishment is fair. But it looks like not many people put a lot of time and effort into learning about this almost unwritten part of criminal law. The goal should be to set the punishment so that it fits the crime without upsetting the public, which is not an easy or straightforward task.

Reformative Justice in India

Punishment is one of the core functions of criminal justice systems. Punishment ensures the existence of society in peace through policies and regulations. Since there is no punishment for the crime committed, it causes unrest within the society. Nevertheless, the term 'punishment' within criminal justice has changed its meaning over time. The punishment is no longer seen as an action that is meant to 'punish,' but rather it serves the purpose of 'transformation.' The ultimate objective of the punishment is no longer only to cause physical or financial pain but to make changes within the offenders and give stress on rehabilitation within society. To achieve this goal, a new concept emerged in the 18th century called the reformative theory of punishment. This reformative theory of punishment was majorly concerned about the offender, rather than the offence. Thus, the ultimate objective of the theory was the change in the offender. The reformative theory has earned quite a reputation and can be seen in different IPCs and cases in India. Nevertheless, not many individuals are aware of the reformative theory of punishment and how the court recognizes it. In this article, we will explore the meaning of the reformative theory, its objective, laws of reformative punishment, some case studies, and the point of view of this theory in India. Reformative punishment is a theory which is developed for the purpose of rehabilitating criminals to make them better human beings and contribute positively to society rather than punish them because of the crimes they commit. The theory assists in changing the mindset of the criminal, making him undergo reeducation and reform himself. It is important to mention that according to this theory of punishment, every crime is somehow connected with either the mental state of the criminal or the environment in which he lives. Thus, it can be changed once the criminal is treated as a patient, not tortured or harassed.

What is the purpose of the reformative theory of justice?

The reformative theory of punishment comes with several important purposes:

- **Rehabilitation**

The main purpose of the reformative theory of punishment is to focus on rehabilitating the offender's behavior by addressing the root cause of their criminal actions because crime includes various social, psychological, and environmental factors. So, whether it's a lack of education, wrong beliefs, mental health issues, or any reason, rehabilitation aims to understand the cause, fix the issue, and change the offender's behavior to live a law-abiding life.

- **Reintegration**

Another major purpose of this theory is to reintegrate the offender back into society as a valuable citizen who contributes. Sometimes, the situation becomes so complex that an offender doesn't have any option but to go back and go to the criminal part. So, reintegration is the process of helping offenders by providing all the necessary resources like housing, jobs, education, community programs, social services, and other essential resources that help them overcome the crime path and start a fresh life by contributing to society.

- **Prevention of Recidivism**

The purpose of this theory is not just to turn the offender into a better human being but also to reduce the chances of the offender committing future crimes in any circumstances. This can be done with the help of rehabilitation and reintegration approaches. When the root cause of criminal behavior is addressed, and the factors that make the offender criminal are overcome, then the chances of future crime will be reduced.

- **Humanistic Justice**

The reformative theory of punishment has a strong belief that every human being deserves to be treated with dignity and respect, including offenders. This approach aims to address the root

cause of criminal behavior, value compassion, and support offenders to reintegrate into society with respect and dignity.

Core Concepts of Reformatory Punishment

Reformatory punishment encompasses several core concepts that make it different from traditional punitive measures. These concepts help in the establishment of rehabilitation-oriented justice systems.

- **Individualized Justice**

There are certain different aspects where reformatory punishment is different from the more common approaches that have been used in the past. Reformatory punishment gives rise to the notion of rehabilitation justice. The fundamental difference in the notion of reformatory punishment lies in the fact that individual justice is considered. That is, it implies that an offender will have his/her unique attributes compared to others based on his or her conditions. As a result, it leads to individualizing punishment instead of standardizing it. Offenders undergo assessment regarding education, social aspects, crime committed, etc., to come up with a rehabilitation plan.

- **Restorative Justice**

In restorative justice, there is an emphasis on the restoration of the harm done by the criminal conduct. In this process, victim involvement, offender involvement, and community involvement are considered to solve the harm done by the crime. Offenders and victims are put in one room to realize the effects of the crime committed and make up for the lost circumstances. Community members play an integral role in offender restitution and restoration. This form of justice makes everyone feel better, and thus it forms the basis of reformatory punishments.

- **Rehabilitation through Education and Employment**

Another important aspect of reformatory punishment is the provision of education and vocational skills training of the offenders. This will improve their skills and help them rehabilitate in society and minimize the chances of recidivism. Schooling and education in prisons are done so as to equip the inmates for when they are released in order to start working. Vocational skills training teaches the criminals skills that they can use to earn money; as a result, they are less likely to go back to criminal activities.

- **Therapeutic Interventions**

These forms of therapies form the other half of reformatory punishment. These therapies will address the psychological or emotional reasons that lead someone into crime. The treatment of these underlying issues, such as depression, anxiety, and personality disorders, will ensure that there is less criminal behavior. For many offenders, drugs or alcohol consumption is one of the key components of treatment since they commit many crimes just to fund their habit.

Challenges in Implementing Reformatory Justice

Reformatory justice has a lot of potential benefits, but there are a number of systemic and practical problems that need to be solved before it can be put into place:

1. Lack of resources

Reformatory justice needs institutions to spend money on educational programs, mental health counseling, job training, and skilled rehabilitation professionals. Most Indian prisons are too full and don't have enough money, which makes it hard to put into place effective reform measures.

2. How the public sees it

Societal resistance, which is often caused by a punitive mindset, is a major roadblock. A lot of people think that reformatory approaches are too lenient on crime, especially when it comes to serious crimes. Political talk and stories in the news sometimes make people want retributive justice as a way to show their anger, which makes it harder to make changes.

3. The law and policy framework

New developments such as the BNS have been positive, but a comprehensive revision of the law is necessary. A number of procedural and sentencing statutes remain grounded in punitive approaches, thus complicating reform efforts. Police, prosecutors, and judges are not fully aware of the existence of the law and their mandate regarding its implementation.

4. Checking and Evaluating

It is essential to have robust monitoring processes that can help evaluate the impact of reformatory justice measures. Unfortunately, there isn't any centralized monitoring process in India for evaluating the success of rehabilitation, rates of recidivism, and post-release integration. It is difficult to assess the impact of these measures and expand them without adequate data.

The transition from retributive to reformatory justice represents one of the fundamental transformations in modern criminal law. This shift demonstrates how the attitude towards crime has become more sophisticated, viewing it not as an abstract concept but a social construct created through complex interactions of various psychological, economic, and environmental factors. The conventional retributive paradigm, characterized by punishments and deterrence, remains one of the most popular legal systems worldwide. However, changes in social dynamics and increasing democratization make many understand that mere punishment does not address the needs of the victim and does nothing to prevent future crimes.

Conversely, reformatory justice is a humane, forward-looking, and sustainable approach to dealing with crimes. It takes the offender rehabilitation and re-integration into society as its priority and seeks for a restorative procedure involving both victims and their communities in the process of rehabilitation. Furthermore, reformatory justice acknowledges the potentiality of human beings and confirms the rightness of the person, his/her humanity, and dignity.

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